

For **adults**



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Tastes of childhood New!

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adamada

Memories? A house you always wanted to go back to. Schoolmates you didn't need to impress. A school that opened your eyes and broadened your horizons. No, this isn't how everyone will remember their childhood and youth.

Tastes of childhood serves up a record of real-life, often dramatic stories of young people who've been hurt, damaged or made to feel miserable by their peers or adults.

This book, written by an experienced psychologist, urges us to reflect on the attitudes we, as adults, adopt towards children and young people. It encourages us to revise our views and avoid harmful, though possibly unconscious, behaviour, reactions and gestures. It offers an opportunity to enter the world of young people, to understand their needs, motivation and emotions.

- Intriguingly described real-life situations
- Advice for each situation formulated with tremendous sensitivity and empathy
- At the end of each case, recommendations are given in the form of a few short points
- Situations grouped into three categories: family, peers and school
- The author has extensive experience from many years spent working as a school psychologist and youth worker
- The cover features original artwork by Canadian Illustrator Marie Mainguy entitled "Visages" (2014)



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